

# Croq'Omega

Mixture of flaxseed and wheat.

This ingredient is high in  $\alpha$ -linolenic acid. All our seeds come from traced French agricultural supply chains and are selected for their richness in omega-3



High omega-3 fatty acids

High fibre



Vegan-suitable

## Main features

**Ingredients:** 50% flax seed, 50% wheat flour

**Flour colour:** Yellow beige

**Taste:** Roasted cereals

**Instructions:** Incorporation from 1 to 10 %

Nutritional information per 100g:

Energy	1846 kJ 441 kcal
Total fat	22 g
Saturated fat	1.8 g
Omega 3	13 g
Protein	16 g
Fibre	12.5 g

## Benefits of the Valorex process

- Highlight of cereal notes
- Detoxification and microbial security
- **Flour shelf-life:** 12 months

## Some interesting properties



Increases softness, dough extensibility, aeration and expansion



Brings texture, prevents syneresis



Nutritional improvement



Le Clos Guillaume  
35210 COMBOURTILLÉ  
Tél.: +33 (0)2 99 97 69 05  
alimentationhumaine@valorex.com