

# Fevolín



Mix of flaxseed and faba beans. This ingredient is high protein, high starch and source of  $\alpha$ -linolenic acid. All our seeds come from traced french agricultural supply chains and are selected for their richness in nutrients.

High proteins

Gluten-free

Source of omega-3

Vegan-suitable



## Main features

**Ingredients:** 20% flax seed, 80% fava bean

**Flour colour:** Beige

**Taste:** Light green notes (reduced thanks to manufacturing process)

**Instructions:** Incorporation from 1 to 10 %

Nutritional information per 100g:

Energy	1623 kJ 388 kcal
Total fat	10.2 g
Saturated Fat	1.4 g
Omega-3	5.1 g
Protein	26 g
Fibre	4.9 g

## Benefits of Valorex process

- Removal of fava bean off-notes
- Detoxification et microbial security
- **Flour shelf-life:** 12 months

## Some interesting properties



Water and oil retention, softness



Binding of sauces, texturizing



Nutritional improvement



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