# **Flaxseed flour**

100 % flaxseed, high fibre, high protein and high in  $\alpha$ -linolenic acid. All our seeds come from traced French agricultural supply chains and are selected for their richness in nutrients.







## **Main Features**

Ingredients: 100% flax seeds Flour coulour: Beige Taste: Light grain-like, cereal, notes Instructions: Incorporation from 3 to 10 % Granulometry: can be adapted to your needs

### **Benefits of Valorex process**

- Microbial security: destruction of endogenous microorganisms
- Detoxification: elimination of anti-nutritional factors
- Flour shelf-life: 18 months

Energy	1477 kJ 353 kcal
Total fat	15 g
Satured Fat	1,8 g
Omega-3	8 g
Protein	34 g
Fibre	36 g

# Some interesting properties



Softeness contribution

Binding of sauces



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Nutritional improvement

#### Nutritional information per 100g: