# Son d'avoin'Omega



Mixture of flaxseed and oat bran.

This ingredient is high in  $\alpha$ -linolenic acid. All our seeds come from traced French agricultural supply chains and are selected for their richness in omega-3





#### Main features

Ingredients: 50% flaxseed, 50% oat bran flour

Flour colour: Beige

Taste: Neutral

Instructions: Incorporation from 1 to 10 %

## Nutritional information per 100g:

Enery	1766 kJ 422 kcal
Total fat	22 g
Satured fat	2.7 g
Omega 3	13 g
Protein	17.5 g
Fibre	20 g

### **Benefits of Valorex process**

- Detoxification and microbial security
- Flour shelf-life: 12 months

### Some interesting properties



Increases softness and elasticity



Brings texture



Nutritional improvement

